

# *Borgo de'Pazzi*<sup>®</sup>

F I R E N Z E

## **Parkour hoodie**

*di Alice Twain*

Parkour is a sport derived from military obstacle course, transported into an urban setting. The athletes perform a series of runs, jumps, swings and other acrobatics in, on, and around buildings and street fixtures. This easy urban-looking hoodie is knitted with Amore Cotton, a thick and cozy recycled cotton that is perfect for year-round wear. Linear and easy to wear, it is provided in a variety of sizes that fit everyone in the family. I-cord trims and hood provide stylish details to an otherwise simple garment. A hoodless option is available.



### Materials

- Amore Cotton 4 (5, 5, 6) (*6, 6, 7, 8, 8*) (**7, 8, 8, 9, 10**) balls col. A (60), 1 ball col. B (63); if you opt for the hoodless version, you will need about ½ ball less of yarn.
- Size 6 mm (US 10) needles, straights or circular. I suggest knitting the body and sleeves with whatever needle suits your style and working the hood back and forth with a circular needle.
- Size 4.5 mm (US 7) DPNs, you will just need two for the I-cord trimming.
- Stitch holders.
- One ring stitch marker.
- Scissors and a large tapestry needle.

### Measures

*Gauge:* 15 sts and 22 rows = 10 cm (4") in stockinette stitch.

*Sizes:* See table n next page.

*Notice:* To read the instructions, make sure you follow the directions for your size. In the front and back of the hoodie, the waist treatment changes according whether you are working the child, woman, or man sizes, so pay attention to the titles. In all other instances, numbers referring to the women sizes are italicized, numbers referring to man sizes are in bold.

### Special stitches

#### *Increases*

I have used Elizabeth Zimmermann's invisible increase in all instances, you can see how it's worked here [youtu.be/aviYf\\_70e2Q](https://youtu.be/aviYf_70e2Q). Please, feel free to use any other invisible increase, as long as it is directional (it has one left leaning and one right leaning version).

#### *I-cord*

To **knit I-cord**, cast on 3 sts on a DPN. \* Without turning the needle, move it to the left hand and knit these 3 sts with the yarn coming off the last st (the one that's further from the tip of the needle). Continue working from \* until the I-cord reaches the desired length.

To **bind off in I-cord**, \*knit 2 sts, slip 1, k1 st from the bind off edge, pass slipped stitch over, then return these 3 sts to the left hand needle. Repeat from \* until you are out of stitches.

To add an **I-cord edging**, work as for I-cord bind off, but before slipping the 3 sts to the left hand needle, pick up 1 st from the edge you are working the edging on. If you are working along a cast-on or bound-off edge, pick up 1 stitch in every stitch, if you are working along a side edge work 1 blank (not attached) I-cord roundlet after every 3 rounds.





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F I R E N Z E

		Child				Woman					Man				
		6 y	8 y	10 y	12 y	XS	S	M	L	XL	S	M	L	XL	XXL
Wearer's bust	cm	64	67	71	76	75	85	95	105	115	90	100	110	120	130
	in	25¼	26¼	28	30	29½	33½	37½	41¼	45½	35½	39¼	43¼	47¼	51¼
Finished bust	cm	72	76	80	86	85	95	105	115	125	100	110	120	130	140
	in	28½	30	31½	33¾	33½	37½	41¼	45¼	49¼	39½	43¼	47¼	51	55
Total length	cm	37	43	50	55	60	61	63	65	66	68	71	74	75	76
	in	14½	16¼	19¾	21½	23½	24	24¾	25½	26	26¾	28	29	29½	30
Armhole depth	Cm	14	15	16	17	17	19	21	23	25	20	22	24	26	28
	in	5½	6	6¼	6½	6¾	7½	8¼	9	9¾	7¾	8½	9½	10¼	11
Sleeve length	cm	30	32	36	40	44	45	45	49	49	48	50	53	54	57
	In	11¾	12½	14¼	15¾	17½	17¾	17¾	19¼	19¼	19	19½	21	21¼	22½



**Glossary:** All abbreviations used in this pattern are available in the Craft Yarn Council glossary, downloadable from: [www.craftyarncouncil.com/standards/knitting-abbreviations](http://www.craftyarncouncil.com/standards/knitting-abbreviations).

## Instructions

### Back

C.o. 50 (54, 56, 60) (60, 68, 74, 82, 90)  
**(72, 80, 86, 94, 102)** sts.

Work 4 g st rows (k all sts).

### Child and woman sizes only

**Increase row:** k 10 (12, 13, 12) (12, 16, 16, 17, 18), m1, \* k 10 (10, 10, 12) (12, 12, 14, 16, 18), m1\*, work from \* to \* for 3 times, k to end. You will have 54 (58, 60, 64) (64, 72, 78, 86, 94).

P back.

### All sizes

**Next row:** k 3, p to last 3 sts, k to end.

Continue working in st st, keeping the first and last 3 sts in g st, for 7 (8, 9, 9) (10, 10, 12, 13, 13) **(8, 8, 9, 9, 10)** cm, or 2¾ (3, 3½, 3½) (4, 4, 4¾, 5, 5) **(3, 3, 3½, 3½, 4)** inches.



Change to st st and continue as follows.

### Child sizes

Continue working until back measures 23 (28, 34, 38) cm or 9 (11, 13¼, 15) inches, ending with a WS row.

### Woman sizes

Work in st st for 10 (10, 6, 6, 6) rows.

**Decrease row:** k2, ssk, k to last 4 sts, k2tog, k2.

Work this decrease row for 2 (2, 3, 3, 3) times on every other RS row, ending with a WS row.

Work 4 even rows. Piece will now measure approximately 19 (19, 21, 22, 22) cm or 7½ (7½, 8¼, 8¼, 8¾) inches.

**Increase row:** k2, m1r, k to last 2 sts, m1l, k2.

Work the increases row for 2 (2, 3, 3, 3) times on every other RS row.

Continue working in st st until piece measures 42 cm (16½ inches) tot, ending with a WS row.

### Man sizes

Work 2 even rows.

**Increase row:** k2, m1r, k to last 2 sts, m1l, k2.

Work for 9 (9, 10, 11, 11) cm or 3½ (3½, 4, 4¼, 4¼) inches, ending on a WS row, then work increase row once again.

Continue working even until piece measures 49 cm (29 ¼ inches) tot, ending with a WS row.

### All sizes

At the start of next 2 rows, b.o. 2 (2, 4, 4) (4, 4, 4, 6, 6) **(4, 4, 6, 6, 8)** sts. You will now have 50 (54, 52, 56) (56, 64, 70, 74, 82) **(68, 76, 78, 86, 90)** sts.

Continue working even for 12 (13, 14, 15) (15, 17, 19, 21, 23) **(18, 20, 22, 24, 26)** cm or 4¾ (5, 5½, 6) (6, 6¾, 7½, 8¼, 9) (7, 7¾, 8½, 9½, 10¼) inches, ending with a WS row.

Shape shoulders with short rows:

**Row 1:** k to last 6 (6, 8, 8) (8, 8, 10, 10, 10) (8, 10, 10, 12, 12) sts, w&t.



**Row 2:** p to last 6 (6, 8, 8) (8, 8, 10, 10, 10) (8, 10, 10, 12, 12) sts, w&t.

**Row 3:** k to wrapped st, hide wrap, k to end.

**Row 4:** p to wrapped st, hide wrap, p to end.

B.o. all sts loosely.

### Front

Work as for back until piece measures 20 (24, 29, 31) (38, 37, 37, 37, 36) (**40, 41, 42, 41, 40**) cm or 7¾ (9½, 11½, 12¼) (15, 14½, 14½, 14½, 14¼) (**15¾, 16, 16½, 16, 15¾**) inches.

**Row 1:** k 27 (29, 30, 32) (32, 36, 39, 43, 47) (38, 42, 45, 49, 53), PM, k to end.

**Row 2:** p to 3 sts bef m, k6, p to end.

**Row 3:** k all sts.

**Row 4:** as row 2.

Work as established in rows 3 and 4 until garter section measures 2 (2, 3, 3) (3, 4, 4, 4, 5) (**4, 5, 5, 6, 6**) cm or ¾ (¾, 1, 1) (1, 1½, 1½, 1½, 2) (**1½, 2, 2, 2¼, 2¼**) inches, ending on a WS row.

Split the two front sides.

### Right front

**Row 5:** k to M, transfer these stitches to a stitch holder or a piece of waste yarn. Continue working on the right side only.

**Row 6:** p to last 3 sts, k3.

**Row 7:** k all sts.

**Row 8:** as row 6.

Continue working as established in rows 7-8 until the piece measures 23 (28, 34, 38) (42, 42, 42, 42, 42) (**49, 49, 49, 49, 49**) cm or 9 (11, 13¼, 15) (16½, 16½, 16½, 16½, 16½) (**29¼, 29¼, 29¼, 29¼, 29¼**) inches, ending on a RS row.

B.o. 2 (2, 4, 4) (4, 4, 4, 6, 6) (**4, 4, 6, 6, 8**) sts at the start of next WS row.

Continue working as established for 3 (3, 4, 5) (4, 5, 5, 5, 6) (**5, 6, 6, 7, 7**) cm or 1¼ (1¼, 1½, 2) (1½, 2, 2, 2, 2¼) (**2, 2¼, 2¼, 2¾, 2¾**) more.

**Decrease row:** k3, ssk, k to end.

Work decrease row every other RS row for 2 (2, 3, 3) (3, 3, 3, 3, 4) (**3, 3, 4, 4, 4**) times.

When piece measures 12 (13, 14, 15) (15, 17, 19, 21, 23) (**18, 20, 22, 24, 26**) cm or 4¾ (5, 5½, 6) (6, 6¾, 7½, 8¼, 9) (**7, 7¾, 8½, 9½, 10¼**) inches from b.o. stitches, shape shoulder with short rows as follows:

**Row 1:** k to last 6 (6, 8, 8) (8, 8, 10, 10, 10) (**8, 10, 10, 12, 12**) sts, w&t.

**Row 2:** p to end.

**Row 3:** k to wrapped st, hide wrap, k to end.

**Row 4:** b.o. loosely the first 11 (12, 11, 12) (12, 15, 18, 19, 23) (**18, 21, 21, 25, 27**) sts and p to last 3 sts, k3.

Leave all rem sts on a holder or a piece of waste yarn.

### Left front

Working on a WS row, attach yarn and work as for right front, reversing all shaping.

### Sleeves

C.o. 32 (34, 36, 38) (38, 42, 46, 52, 56) (**44, 48, 54, 58, 62**) sts.

Work 4 rows g st.

**Next row:** k all sts.

**Next row:** k 3, p to last 3 sts, k to end.



Work as established for 7 rows.

**Setup row (WS):** k3, p 13 (14, 15, 16) (16, 18, 20, 23, 25) **(19, 21, 24, 26, 28)**, PM, p to last 3 sts, k3.

Change to st st and work 2 rows.

**Inc row:** k to 1 st bef m, m1, k1, SM, k1, m1, k to end.

Work inc row on every 4<sup>th</sup> RS row for 5 (6, 6, 6) (6, 8, 8, 9, 10) **(8, 9, 9, 10, 11)** times.

Continue working in st st until sleeve measures 30 (32, 36, 40) (44, 45, 45, 49, 49) **(48, 50, 53, 54, 57)** cm or 11<sup>3</sup>/<sub>4</sub> (12<sup>1</sup>/<sub>2</sub>, 14<sup>1</sup>/<sub>4</sub>, 15<sup>3</sup>/<sub>4</sub>) (17<sup>1</sup>/<sub>2</sub>, 17<sup>3</sup>/<sub>4</sub>, 17<sup>3</sup>/<sub>4</sub>, 19<sup>1</sup>/<sub>4</sub>, 19<sup>1</sup>/<sub>4</sub>) **(19, 19<sup>1</sup>/<sub>2</sub>, 21, 21<sup>1</sup>/<sub>4</sub>, 22<sup>1</sup>/<sub>2</sub>)** inches.

B.o. all sts loosely.

### Neck and hood

Seam front and back together. Sew the first 11 (12, 11, 12) (12, 15, 18, 19, 23) **(18, 21, 21, 25, 27)** sts on each side, leaving the central 28 (30, 30, 32) (32, 34, 34, 36, 36) **(32, 34, 36, 36, 36)** sts of the back as they are.

Working on the RS, pick up and knit the 12 (13, 12, 13) (13, 14, 14, 15, 14) **(13, 14, 14, 14, 14)** live sts from the right front neck, 1 st from the gap, 28 (30, 30, 32) (32, 34, 34, 36, 36) **(32, 34, 36, 36, 36)** sts from the back of the neck, 1 st from the gap, and 12 (13, 12, 13) (13, 14, 14, 15, 14) **(13, 14, 14, 14, 14)** live sts from the left front.

There will be 54 (58, 56, 60) (60, 64, 64, 68, 66) **(60, 64, 66, 66, 66)** sts.

### Hoodless version

Work these sts for 4 rows in g st and leave aside, do not bind off.

### Hooded version

**Setup row (WS):** k3, p 24 (26, 25, 27) (27, 29, 29, 31, 30) **(27, 29, 30, 30, 30)** sts, PM, p to last 3 sts, k3.

**Row 1:** k all sts (SM when you come to it).

**Row 2:** k3, p to last 3 sts (SM when you come to it), k3.

**Row 3:** k to 1 st bef m, m1, k1, SM, k1, m1, k to end.

**Row 4:** as row 2.

Work rows 1-4 for 7 (5, 6, 6) (10, 8, 8, 6, 7) **(14, 12, 11, 11, 11)** times, then cont in st st removing marker, keeping the first and last 3 sts in g st, until hood measures 24 (24, 26, 26) (28, 28, 28, 28, 28) **(31, 31, 31, 31, 31)** cm or 9<sup>1</sup>/<sub>2</sub> (9<sup>1</sup>/<sub>2</sub>, 10<sup>1</sup>/<sub>4</sub>, 10<sup>1</sup>/<sub>4</sub>) (11, 11, 11, 11, 11) **(12<sup>1</sup>/<sub>4</sub>, 12<sup>1</sup>/<sub>4</sub>, 12<sup>1</sup>/<sub>4</sub>, 12<sup>1</sup>/<sub>4</sub>, 12<sup>1</sup>/<sub>4</sub>)** inches.

Shape top with short rows.

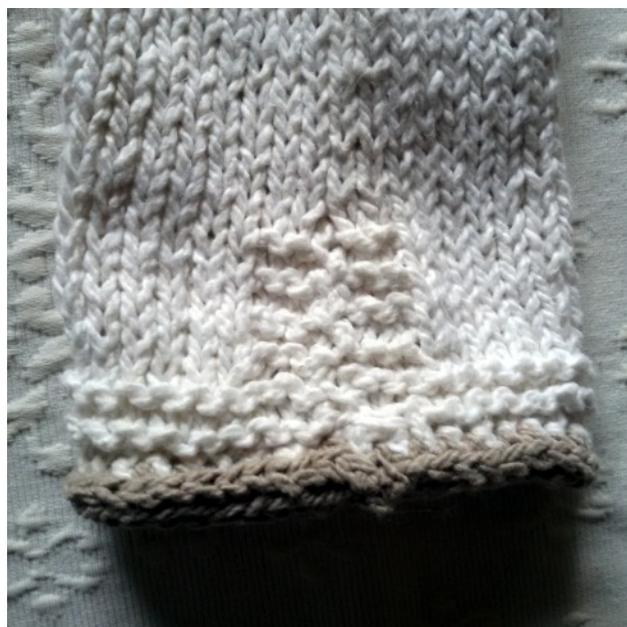
**Row 5:** k to 10 sts bef end, w&t.

**Row 6:** p to 10 sts bef end, w&t.

**Row 7:** k to wrapped st, hide wrap, k2, w&t.

**Row 8:** p to wrapped st, hide wrap, p2, w&t.

Work rows 7 and 8 twice total.



**Row 9:** k to end, hiding the wrap as you come to it.

**Row 10:** k3, p to last 3 sts hiding the wrap as you come to it, k3.

Break yarn leaving a long tail, graft the top of the hood.

### Finishing

Seam the sleeves to the armholes. The top 3-5 cm (1¼-2 inches) of the sleeves sides will be sown to the armhole base.

Seam the sleeves' underside. Seam the sides from the armhole to the first third of the garter section, leaving a few centimeters (or inches) free.

For the optional I-cord trimming, using color B and the two DPNs c.o. 3 sts and work in I-cord for 15 cm (6").

Join the I-cord to the right side of the neck opening by picking up 1 st from the very bottom of the opening \*k2, ssk, pick up and knit 1\*, work from \* to \* until you worked across the hood and back to the bottom of the opening. Add one not attached I-cord roundlet every 3 attached rounds to prevent the border from puckering. Continue working in I-cord until piece measures 15 cm (6").

If you worked the hood, work the I-cord all around the hood edge. If you opted for the hoodless version, work as described to the edge of the neck stitches, knit 1 detached roundlet, then continue working in I-cord binding off the reserved stitches (you will not have to pick up the stitches while working this section, just ssk the last I-cord stitch together with one of the served stitches). When you are out of stitches, work one detached ringlet and resume working attached I-cord down the opposite front.

C.o. 3 sts and work attached I-cord around the sleeves' edge.

Repeat along the bottom front border starting from the top of the slit. When you reach the corners, knit one extra detached roundlet, finally, b.o. the I-cord when you reach the top of the other slit. Repeat on the back.

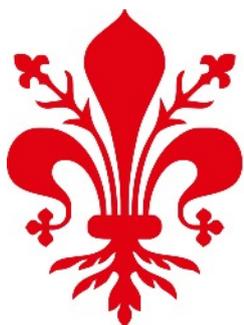
Use a needle to seam up the I-cord ends at the wrist and at the two side slits. Weave all the ends by threading them into the I-cord.

Wash the hoodie in warm water with some delicate detergent, rinse well and squeeze without wringing to eliminate as much water as possible. Dry flat.



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All Alice Twain's models are available at  
<http://www.ravelry.com/designers/alice-twain>.



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